

1 **Intact rather than total circulating insulin-like growth factor binding protein-1a is a**
2 **negative indicator of growth in masu salmon**

3

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16 **Running title**

17 Immunoassays for salmon IGFBP-1a

18

19 **Abstract**

20 Insulin-like growth factor binding protein (IGFBP)-1a is one of three major circulating forms in
21 salmon and induced under catabolic conditions. However, there is currently no immunoassay
22 available for this form due to lack of standard and specific antibodies. We developed a
23 time-resolved fluoroimmunoassay (TR-FIA) for salmon IGFBP-1a using recombinant protein
24 for labelling, an assay standard, and production of antiserum. The TR-FIA had a low
25 cross-reactivity (3.6%) with IGFBP-1b, another major form in the circulation. Fasting for 4
26 weeks had no effect on serum immunoreactive (total) IGFBP-1a levels in yearling masu salmon,
27 whereas 6-week fasting significantly increased it. There was a significant, but weak, negative
28 relationship between serum total IGFBP-1a level and individual growth rate ($r^2 = 0.12$, $P =$
29 0.01). We next developed a ligand immuno-functional assay (LIFA) using europium-labelled
30 IGF-I to quantify intact IGFBP-1a. In contrast to total IGFBP-1a, serum intact IGFBP-1a levels
31 increased after 4 weeks of fasting, and refeeding for 2 weeks restored it to levels similar to those
32 of the fed control. Serum intact IGFBP-1a level showed a significant negative correlation with
33 individual growth rate ($r^2 = 0.52$, $P < 0.001$), which was as good as that of IGFBP-1b. Our
34 findings using newly developed TR-FIA and LIFA suggest that regulation of intact IGFBP-1a
35 level has an important effect on growth in salmon and that intact IGFBP-1a is a negative index
36 of salmon growth.

37

38 **Keywords**

39 Insulin-like growth factor binding protein-1a; Immunoassay; Salmon; Growth; Fasting

40

41 **1. Introduction**

42 Insulin-like growth factor binding proteins (IGFBPs) are important modulators of the actions of
43 insulin-like growth factors (IGFs) (1, 2, 11). IGFBPs in the circulation prolong the half-lives of
44 IGFs and carry them to target tissues (3, 42, 57). In target tissues, IGFBPs can either potentiate
45 or inhibit the availability of IGFs to the receptor, depending on the type of IGFBP,
46 post-translational modification such as phosphorylation, enzymatic degradation, or/and the
47 cellular microenvironment (1, 15, 22, 23).

48 In mammals, six types of IGFBP, termed -1 to -6, have been identified (22, 43).
49 IGFBP-1 is one of the major circulating forms and its levels are increased when animals are
50 under catabolic conditions, such as nutritional deficiency and stress (36, 37, 56). IGFBP-1 is
51 usually unoccupied with endogenous IGFs and thus can act as an inhibitor of IGFs by
52 sequestering free IGFs from the circulation (36, 37, 56). IGFBP-1 is highly phosphorylated,
53 resulting in an IGF-binding affinity six-fold higher than that of non-phosphorylated forms (24).
54 Under certain situations where IGFBP-1 is non-phosphorylated or/and partially degraded, it can
55 potentiate the action of IGF-I (24, 55). In addition, Brandt et al. (8) reported that phosphorylated
56 IGFBP-1 promoted the IGF-I stimulated proliferation of human dermal fibroblasts when cells
57 were sparsely plated at approximately 30% confluence. Thus, IGFBP-1 is an important
58 regulator of IGF action.

59 In teleosts, there are two subtypes of IGFBP-1, which are products of the
60 teleost-specific third round of the whole genome duplication event (13, 27, 38). Kamei et al.
61 (27) was the first to identify two co-orthologs of IGFBP-1 in zebrafish (*Danio rerio*). The
62 authors highlighted that two IGFBP-1s overlapped their function but were different in terms of
63 temporal/spatial expression patterns, responses to fasting, IGF-binding affinity, and thus
64 inhibitory actions on the IGF-induced cell proliferation (27). Such subfunction partitioning
65 should increase the complexity of IGF regulation and enable fine-tuning of growth in teleosts.

66 These two subtypes are present in the circulation of salmon. In salmon circulation,
67 three IGFBPs are detected at 22-, 28- and 41-kDa (45) and the 22- and 28-kDa forms have been
68 identified as IGFBP-1b and -1a, respectively (48, 51). Two low-molecular-weight IGFBPs,
69 presumably corresponding to IGFBP-1s, are also consistently detected in circulation in other
70 fish and reported to increase by fasting, osmotic stress, hypoxia, handling, and cortisol injection
71 (26, 31-33, 39, 51, 52). Kelley et al. (31-33) proposed that they are markers of catabolic status
72 in fish. To use fish IGFBPs for catabolic markers, unraveling their regulation and relation to
73 IGFs and growth is essential.

74 Fish IGFBPs in the circulation are usually detected and semi-quantified by ligand
75 blotting using labeled IGF-I. The ligand blotting is useful because it detects different types of
76 IGFBPs simultaneously based on their ability to bind IGF-I and does not require specific
77 antisera. In addition, the ligand blotting does not detect IGFBP fragments that have lost the
78 IGF-binding ability. Such a feature is important when enzymatic degradation of IGFBPs is a
79 concern (8, 9, 18, 55). However, the ligand blotting has the limitations of being
80 semi-quantitative and not being able to process a large number of samples. Thus, development
81 of immunoassay for circulating fish IGFBPs is crucial to facilitate analyses of physiological
82 regulation of fish IGFBPs in the circulation.

83 We have previously developed a radioimmunoassay (RIA) and a time-resolved
84 fluoroimmunoassay (TR-FIA) for salmon IGFBP-1b and showed that circulating IGFBP-1b
85 increased in fasting fish, and negatively correlated with individual growth rates in immature
86 coho salmon (*Onocorhynchus kisutch*), masu salmon (*O. masou*), and chum salmon (*O. keta*)
87 (19, 29, 30, 49, 50). These findings led us to propose its utility as a quantitative negative index
88 of growth. On the one hand, circulating IGFBP-1a semi-quantified by ligand blotting also
89 increased under long-term fasting or osmotic stress but appeared to be less sensitive to catabolic
90 states than IGFBP-1b (30, 51). On the other hand, circulating IGFBP-1a still showed a negative
91 correlation with growth rate in masu salmon, suggesting that it is also useful as a negative index
92 of growth (30). However, there is currently no immunoassay available for fish IGFBP-1a due to
93 lack of purified protein and specific antiserum.

94 We have recently produced recombinant masu salmon IGFBP-1a using a bacterial
95 expression system (54). By using the recombinant protein for assay components and antiserum
96 production, the present study developed a TR-FIA for salmon IGFBP-1a. However, our initial
97 analyses revealed that serum IGFBP-1a levels measured by the newly developed TR-FIA
98 showed little response to fasting while it clearly increased in the analysis using ligand blotting
99 (30). Such discrepancy between the immunoassay and ligand blotting has been recognized in
100 human clinical research and suggested enzymatic digestion of IGFBP (20). We thus
101 hypothesized that the TR-FIA detected "total" immunoreactive IGFBP-1a, a mixture of the
102 fragmented form and "intact" form capable of binding to IGF-I. Measuring both "total" and
103 "intact" IGFBP-3 in humans suggested their different biological roles (34). Therefore, we
104 converted the TR-FIA to a ligand immuno-functional assay (LIFA) that detects only intact
105 IGFBP-1a. Comparison of these two immunoassays for IGFBP-1a indicates that intact, rather
106 than total, IGFBP-1a is a reliable negative index of growth in salmon.

107

108 **2. Materials and methods**

109 *2.1. Production and purification of recombinant salmon IGFBP-1a*

110 Recombinant salmon (rs) IGFBP-1a was produced using a bacterial expression system as
111 described in Tanaka et al. (54). Briefly, a pET-32(+) expression vector (Novagen, Madison, WI)
112 carrying the mature masu salmon *igfbp-1a* cDNA was transformed into a strain of *Escherichia*
113 *coli* [Rosetta-gamiTM B(DE3)pLysS (Novagen)], and rsIGFBP-1a was expressed as a fusion
114 protein with a histidine tag and thioredoxin. The fusion protein was solubilized and isolated by
115 Ni-affinity chromatography. The fusion partners were cleaved by enterokinase, and rsIGFBP-1a
116 was purified by reversed-phase high-pressure liquid chromatography (HPLC) on a Vydac C-4
117 column (Separation Group, Hesperia, CA, USA). Purified rsIGFBP-1a was aliquoted into
118 low-absorption tubes (PGC Scientifics, Frederick, MD, USA), and stored at -80°C until use.

119

120 *2.2. Production of antiserum against rsIGFBP-1a*

121 Polyclonal antiserum against purified rsIGFBP-1a (anti-IGFBP-1a) was raised in a rabbit.
122 Immunization of the rabbit was conducted at a designated facility in accordance with the
123 guidelines of the Animal Care Committee of Hokkaido University. Purified rsIGFBP-1a in
124 phosphate buffered saline (pH 7.0) was emulsified in an equal volume of TiterMax Gold
125 Research Adjuvant (TiterMax USA, Inc., Norcross, GA, USA). A rabbit was first immunized
126 with 50 μg antigen by lymph node injection followed by subcutaneous boost injections with 100
127 and 150 μg antigen 2 and 3 weeks after the first injection, respectively. One week after the last
128 boost, the blood was withdrawn from the ear vein and antiserum was collected after
129 centrifugation. The antiserum was stored at -80°C until use.

130

131 *2.3. Other assay components*

132 IGFBP-1b and IGFBP-2b purified from serum of spawning Chinook salmon (*O. tshawytscha*;
133 47, 48) were used to examine the cross-reactivity.

134 To examine the parallelism of serum dilution with a standard curve, pooled sera were
135 obtained from yearling masu salmon and rainbow trout (*O. mykiss*) reared in freshwater at the
136 Nanae Freshwater Laboratory, Field Science Center for Northern Biosphere, Hokkaido
137 University, Japan. Blood was withdrawn by a syringe from the caudal vein, allowed clotting
138 overnight at 4°C and centrifuged at 10,000 rpm for 15 min. Serum was collected and stored at $-$
139 30°C until use.

140

141 2.4. TR-FIA for "total" IGFBP-1a

142 In the present study, "total" IGFBP-1a is all immunoreactive components recognized by the
143 antiserum, which include "intact" (to be defined below) IGFBP-1a and its fragments. A
144 competitive method was employed in the assay for quantifying total IGFBP-1a. Purified
145 rsIGFBP-1a was labeled with biotin (EZ-link Sulfo-NHS-Biotin, Thermo Scientific, Rockford,
146 IL, USA). Thirty-four micrograms of purified protein was reacted with 31 μ l of 1 mM
147 NHS-Biotin at a molar ratio of 1:25. The mixture was incubated for 2 hours on ice under dark.
148 The reaction was stopped by adding 0.1 M Tris-HCl, pH 7.5, and incubation for 30 min.
149 Biotinylated rsIGFBP-1a was dialyzed against 0.05 M Tris-HCl and 0.15 M NaCl, pH 7.5, using
150 Slide-A-Lyzer 3.5K dialysis cassette (Thermo Scientific). After dialysis, aliquots of the
151 biotinylated rsIGFBP-1a were stored at -80°C until use.

152 A 96-well strip assay plate (DELFLIA strip plate) or yellow plate (DELFLIA yellow
153 plate) coated with goat anti-rabbit IgG (PerkinElmer, Turku, Finland) was first washed with 200
154 μ l DELFLIA Wash Buffer (PerkinElmer). Each well received 80 μ l DELFLIA Assay Buffer
155 (PerkinElmer), 20 μ l anti-IGFBP-1a (1:8,000), and 40 μ l standard (purified rsIGFBP-1a) or
156 serum diluted with Assay Buffer. The plate was sealed and incubated at 4°C overnight with
157 shaking at 600 rpm on a shaker. The plate was flash centrifuged and each well received 20 μ l
158 biotinylated rsIGFBP-1a (1:8,000) and incubated at 4°C overnight with shaking at 600 rpm on a
159 shaker. After the plate was washed three times with 160 μ l Wash Buffer, each well received 160
160 μ l europium (Eu)-labeled streptavidin (1:2,000, PerkinElmer) and incubated at room
161 temperature for 1 hour with shaking at 600 rpm. The plate was washed with 160 μ l five times
162 and 200 μ l three times with Wash Buffer. Each well received 200 μ l DELFLIA Enhancement
163 Solution (PerkinElmer), which acclimated to room temperature before use, and the plate was
164 shaken without sealing for 10 min at room temperature. Time-resolved fluorescence was
165 measured using the Wallac ARVO X4 multilabel counter (PerkinElmer) or SPARK multimode
166 microplate reader (TECAN Group Ltd., Männedorf, Switzerland).

167

168 2.5. LIFA for "intact" IGFBP-1a

169 In the present study, "intact" indicates immunoreactive IGFBP-1a with IGF-binding ability in
170 the reaction mixture. A LIFA for intact IGFBP-1a was developed by modifying the method for
171 human IGFBP-3 (34); unextracted IGFBP-1a was first captured by anti-IGFBP-1a, reacted with
172 Eu-labeled salmon IGF-I (GroPep Bioreagents Pty Ltd., Adelaide, SA, Australia) and quantified

173 for its binding capacity. A 96-well strip assay plate (DELFIA strip plate) or yellow plate
174 (DELFIA yellow plate) coated with goat anti-rabbit IgG (PerkinElmer) was first washed with
175 200 μ l DELFIA Wash Buffer (PerkinElmer). Each well received 80 μ l DELFIA Assay Buffer
176 (PerkinElmer), 20 μ l IGFBP-1a antiserum (1:250), and 40 μ l standard (purified rsIGFBP-1a) or
177 serum diluted with Assay Buffer. The plate was sealed and incubated at 4°C overnight on a
178 shaker at 600 rpm. On the next day, each well received 20 μ l Eu-labeled IGF-I (25 ng/ml), and
179 incubated at 4°C overnight on a shaker at 600 rpm. The plate was washed six times with 200 μ l
180 Wash Buffer, and each well received 200 μ l DELFIA Enhancement Solution (PerkinElmer) that
181 had been acclimated to room temperature before use. The plate was shaken without sealing for
182 10 min at room temperature. Time-resolved fluorescence was measured using the Wallac ARVO
183 X4 multilabel counter (PerkinElmer) or SPARK multimode microplate reader (TECAN Group
184 Ltd.). Intact IGFBP-1a levels were expressed as binding unit (BU) relative to purified
185 rsIGFBP-1a instead of absolute unit (ng/ml). This was due to the possibility that
186 phosphorylation of IGFBP-1a in serum/plasma might change its affinity to IGF-I and thus
187 measured value. In the present study, 1 BU was equivalent to the IGF binding capacity of 1
188 ng/ml non-phosphorylated rsIGFBP-1a.

189

190 *2.6. TR-FIA for IGF-I and IGFBP-1b*

191 For measuring IGF-I, serum was first extracted with an acid-ethanol, as described in Shimizu et
192 al. (45). IGF-I was quantified by TR-FIA using the method described in Small and Peterson (53),
193 with recombinant salmon/trout IGF-I (GroPep Bioreagents Pty, Ltd.) as a standard.
194 Time-resolved fluorescence was measured using the Wallac ARVO X4 multilabel counter
195 (PerkinElmer).

196 Serum IGFBP-1b levels were quantified by TR-FIA, as described in Fukuda et al.
197 (19). Briefly, a competitive method was employed by following a procedure for DELFIA
198 immunoassays (PerkinElmer). Serum samples were first incubated with antiserum against
199 purified salmon IGFBP-1b (49), overnight at 4°C, in a 96-well microtiter plate coated with goat
200 anti-rabbit IgG (PerkinElmer). Biotinylated salmon IGFBP-1b was added to each well and
201 incubated overnight at 4°C. After washing with DELFIA Wash Buffer (PerkinElmer), each well
202 received Eu-labeled streptavidin (PerkinElmer) followed by DELFIA Enhancement Solution
203 (PerkinElmer). Time-resolved fluorescence was measured using the Wallac ARVO X4
204 multilabel counter (PerkinElmer).

205

206 *2.7. Fasting/refeeding experiment*

207 A captive brood stock of yearling masu salmon from the Shiribetsu River in southern Hokkaido
208 held at Nanae Freshwater Laboratory, Field Science Center for Northern Biosphere, Hokkaido
209 University, Japan (41°54'N, 140°41'E), was used in the present study. In June 2012, fish were
210 lightly anesthetized in water containing 2-phenoxyethanol and individually marked with passive
211 integrated transponder tags (Biomark, Boise, ID, USA). They were randomly placed into one of
212 three 350-l outdoor tanks ($\phi 95 \times 70$ cm), and allowed to recover and acclimate for 1 week with
213 feeding. One week after tagging, their initial standard length (SL) and body weight (BW) were
214 measured. During the experiment, one group was fed daily with a commercial diet (Marubeni
215 Nisshin Feed Co. Ltd., Tokyo, Japan) to satiety for 6 weeks (Fed). The second group (Fasted)
216 was fasted throughout the experimental period (6 weeks). The third group (Refed) was fasted
217 for first 4 weeks and re-fed for the following 2 weeks. They were reared using flow-through
218 river water that ranged from 11.0°C to 16.0°C during the experiment (Suppl. Fig. 1;
219 <https://doi.org/10.6084/m9.figshare.7957250.v1>). The experiment was carried out in accordance
220 with the guidelines of Hokkaido University Field Science Center Animal Care and Use
221 Committee.

222 The SL and BW of all fish were measured 4 and 6 weeks after the beginning of the
223 experiment. The condition factor (K) was calculated as follows: $BW (g) \times 100 / SL (cm)^3$. The
224 hepato-somatic index (HSI) was calculated as follows: $HSI (\%) = \text{liver weight (g)} \times 100 / BW (g)$.
225 The specific growth rate (SGR) was calculated as follows: $SGR (\%/day) = \ln(s_2 - s_1) \times (d_2 -$
226 $d_1)^{-1} \times 100$, where s_2 is length or weight on day₂, s_1 is length or weight on day₁, and $d_2 - d_1$ is
227 the number of days between measurements. Blood samples were collected from 8 fish per
228 treatment at 0 and 4 weeks, and 18-21 fish per treatment at 6 weeks. Blood was withdrawn by a
229 syringe from the caudal vein, allowed to clot overnight at 4°C, and centrifuged at 10,000 rpm
230 for 15 min. Serum was collected and stored at -80°C until use.

231

232 *2.8. Statistical analyses*

233 Results were first analyzed by two-way analysis for variance (ANOVA) (time \times treatment)
234 using the JMP software (SAS Institute Inc., Cary, NC, USA). When significant effects were
235 found, differences were further identified by one-way ANOVA followed by Fisher's protected
236 least significant difference (LSD) test. Differences between groups were considered to be
237 significant at $P < 0.05$. Simple regression analysis was also conducted using JMP software and
238 the relations were considered to be significant at $P < 0.05$. When analyzing the regression,

239 values of total, intact IGFBP-1a, and IGFBP-1b in the circulation were transformed to
240 natural-log form to obtain a normal distribution.

241

242 **3. Results**

243 Specific binding of the biotinylated IGFBP-1a was displaced by increasing amounts of
244 unlabeled IGFBP-1a in the TR-FIA. Sera from masu salmon and rainbow trout were serial
245 diluted in parallel with that of the standard (Fig. 1). The half-maximal displacement (ED_{50})
246 occurred at 61.5 ± 2.3 ng/ml ($n = 8$). The ED_{80} and ED_{20} were 18.1 ± 2.5 ng/ml ($n = 8$) and
247 226.9 ± 23.8 ng/ml ($n = 8$), respectively. The minimum detection limit of the assay, defined as
248 the mean count of the zero standard minus two standard deviations, was 9.2 ng/ml ($n = 6$). The
249 intra- and inter-assay coefficients of variation estimated using the control sample were 5.3% (n
250 $= 4$) and 8.1% ($n = 4$), respectively. The recovery of purified rsIGFBP-1a (50 ng/ml) added to
251 rainbow trout serum was 96.3% ($n = 9$).

252 Cross-reactivity of the polyclonal antibodies with other IGFBP subtypes purified
253 from Chinook salmon serum was examined in the TR-FIA (Fig. 2). Both IGFBP-2b (41-kDa
254 form) and IGFBP-1b (22-kDa form) showed some displacement at higher concentrations and
255 their cross-reactivity was calculated as 1.5% and 3.6%, respectively. Adding salmon IGF-I at a
256 1:10 molar ratio to masu salmon and rainbow trout sera did not considerably alter the
257 displacement curves (Fig. 3).

258 Specific binding of Eu-labeled IGF-I was increased by increasing amounts of the
259 IGFBP-1a standard in LIFA. Serial dilutions of sera from masu salmon and rainbow trout were
260 parallel with that of the standard, which was not affected by feeding status in masu salmon (Fig.
261 4). The minimum detection limit of the assay, defined as the mean count of the zero standard
262 plus two standard deviations, was 1.2 BU ($n = 4$). The intra- and inter-assay coefficients of
263 variation estimated using the control sample were 6.4% ($n = 4$) and 10.1% ($n = 4$), respectively.
264 The recovery of purified rsIGFBP-1a (10 ng/ml) added to Atlantic salmon plasma was 107.5%
265 ($n = 8$).

266 Responses to fasting and refeeding of serum IGF-I, IGFBP-1b, total IGFBP-1a, and
267 intact IGFBP-1a in yearling masu salmon were examined (Fig. 5). Serum IGF-I levels in fasted
268 fish were significantly lower than those in fed fish at week 4 ($P < 0.0001$; Fig. 5a). Refeeding
269 for 2 weeks significantly increased serum IGF-I ($P < 0.0001$), but its levels were intermediate
270 between fed and fasted fish (Fig. 5a). Fasting for 4 weeks had no significant effect on serum
271 IGFBP-1b levels ($P = 0.0620$; Fig. 5b). It became significantly higher in fasted fish than fed and

272 refeed fish at week 6 ($P < 0.0001$; Fig. 5b). Total IGFBP-1a levels tended to be higher in fasted
273 fish but were not different among groups ($P = 0.2615$; Fig. 5c). On the one hand, intact
274 IGFBP-1a levels significantly increased in fish fasted for 4 weeks ($P = 0.0132$) and maintained
275 higher values until 6-week (Fig. 5b). On the other hand, refeeding for 2 weeks restored it to a
276 level similar to that in the fed control ($P = 0.9288$; Fig. 5d).

277 Data from week 6 were used for correlation analyses. There was a positive
278 correlation between serum IGF-I and SGR in weight while serum IGFBP-1b showed a negative
279 correlation with SGR in weight (Fig. 6a, b). Both total and intact IGFBP-1a levels negatively
280 correlated with SGR in weight, although the correlation coefficient of total IGFBP-1a was much
281 weaker than that of intact IGFBP-1a (Fig. 6c, d). There were no significant relationships
282 between body size (SL and BW) and IGFBP-1b or total IGFBP-1a, whereas IGF-I and intact
283 IGFBP-1a were positively and negatively correlated, respectively (Table 1). IGF-I showed a
284 positive correlation with K, while IGFBP-1b and total and intact IGFBP-1a showed negative
285 correlations (Table 1). Total and intact IGFBP-1a were positively correlated, but only intact
286 IGFBP-1a showed a negative relationship with IGF-I (Table 2).

287

288 **4. Discussion**

289 We developed two immunoassays to quantify "total" and "intact" IGFBP-1a in salmon as
290 defined earlier. The findings of the present study are relevant to other teleosts because
291 IGFBP-1a is most likely present as a major circulating form in fish (44). In addition, availability
292 of immunoassays for both IGFBP-1a and -1b (19) enables us to further investigate how these
293 duplicated IGFBP-1s are regulated and related to growth in salmon.

294 The present study is the first to report the development of immunoassay for
295 IGFBP-1a in teleosts. Availability of an immunoassay for quantifying fish IGFBPs is limited to
296 salmon IGFBP-1b and -2b (19, 46, 49). One of the challenges in establishing an immunoassay
297 for fish IGFBPs is to prepare enough purified IGFBP as antigen for immunization because
298 circulating levels of IGFBPs are low, being approximately 300 ng/ml or less (47, 48). Purifying
299 salmon IGFBP-1a from serum was possible, but the final yield was less than 25 μ g from 1 l of
300 serum (51), making protein purification an impractical method for antigen preparation. We have
301 recently produced recombinant masu salmon IGFBP-1a using a bacterial expression system (54).
302 The present study used the recombinant protein for antiserum production, assay tracer, and a
303 standard to establish a TR-FIA for salmon IGFBP-1a.

304 The TR-FIA was validated for its stability using recombinant protein and sera from

305 masu salmon and rainbow trout, as well as specificity and cross-reactivity using other subtypes
306 of IGFBP purified from Chinook salmon serum. Purified rsIGFBP-1a was biotinylated and used
307 as a tracer. This labeling appeared to have little effect on binding to the antiserum and possible
308 interaction with IGFs in the assay. The cross-reactivity of the TR-FIA with other IGFBPs,
309 particularly IGFBP-1b, was a concern because IGFBP-1a and -1b are paralogs sharing 61%
310 sequence homology (51). Indeed, antiserum against IGFBP-1b showed cross-reactivity with
311 IGFBP-1a in the TR-FIA (3.1%; 19). In the present study, anti-IGFBP-1a also cross-reacted
312 with IGFBP-1b but showed little cross-reactivity with IGFBP-2b. Because the cross-reactivity
313 with IGFBP-1b was low (3.6%), as is the case for the TR-FIA for IGFBP-1b, it should not
314 severely affect the quantification of IGFBP-1a. The TR-FIA using components from masu
315 salmon IGFBP-1a can be used for quantifying IGFBP-1a in other salmonids, such as rainbow
316 trout, because a serial dilution of trout serum was conducted in parallel with the masu salmon
317 standard.

318 Macqueen and colleagues identified up to 22 genes for IGFBPs in salmonids (14, 38).
319 A larger number of IGFBP repertoires came from an additional round of whole-genome
320 duplication among salmonids. As a result, four IGFBP-1 paralogs are present and recombinant
321 IGFBP-1a used in the present study corresponds to IGFBP-1a1. Because IGFBP-1a1 and -1a2
322 share 79% sequence homology (38), the TR-FIA using antiserum against IGFBP-1a1 should
323 cross-react with IGFBP-1a2. However, it is not known whether IGFBP-1a2 is present in the
324 circulation and, if so, how much. In any case, we assume it is possible to measure both
325 IGFBP-1a subtypes in our TR-FIA.

326 Because IGFs are tightly associated with IGFBPs in the circulation, IGFBPs interfere
327 with an accurate measurement of IGFs in immunoassay (12, 17). Therefore, separation of IGF-I
328 from IGFBPs by acid-ethanol extraction is important for measuring salmon IGF-I (44). In
329 contrast, IGFs generally do not interfere the performance of IGFBP assays, although in some
330 RIAs, the interference by IGF-I was reported (4, 46). In the present study, the effect of IGF-I on
331 the serial dilution curves of masu salmon and rainbow trout sera was examined by adding
332 excess IGF-I. As a result, the serum dilution curves were not affected by the presence of IGF-I,
333 indicating that interference by IGF-I in the TR-FIA is minimal.

334 Despite the validity of the TR-FIA for IGFBP-1a, measurement of total IGFBP-1a
335 level did not provide useful information on the catabolic status or growth retardation of masu
336 salmon. IGFBP-1 is believed to be an inhibitor of IGF-I actions in fish by increasing under
337 catabolic conditions and sequestering IGF-I from the circulation (25). There have been attempts

338 to utilize circulating protein level or hepatic mRNA level of IGFBP-1 as an index of negative
339 growth and/or stress (30, 31, 33, 41). Kawaguchi et al. (30) semi-quantified serum IGFBP-1a
340 levels by ligand blotting using labeled IGF-I and found a negative correlation with SGR in
341 weight in yearling masu salmon. Our assumption was that quantification of circulating
342 IGFBP-1a by TR-FIA should establish a consistent negative relationship between serum
343 IGFBP-1a and growth rate. However, total IGFBP-1a was less sensitive to fasting, and only a
344 weak negative relationship with growth rate was observed, which conflicts with the findings by
345 ligand blotting (30). Ligand blotting detects IGFbps based on the ability to bind to labeled IGF,
346 while TR-FIA measures immunoreactive components regardless of their IGF-binding ability. A
347 possibility is that IGFBP-1a in serum of fed fish was partly degraded by enzymes and that of
348 fasted fish remained intact. We thus hypothesized that selective measurement of intact
349 IGFBP-1a that retained IGF-binding ability was more reflective of the degree of growth
350 retardation and developed a LIFA.

351 LIFA is a combination of immunoassay and ligand-binding assay, as reported by
352 Lassarre and Binoux (34), for measuring intact IGFBP. In a LIFA for human IGFBP-3,
353 immunoreactive IGFBP-3 containing both fragments and intact protein was first captured by a
354 monoclonal antibody, and its ability to bind to ¹²⁵I-IGF-I was quantified, which made accurate
355 and sensitive measurement of intact IGFBP-3 possible (34). In the present study, we modified
356 the protocol (34) to avoid a risk of denaturation of intact IGFBP-1a during acid-ethanol
357 extraction, and used Eu-labeled IGF-I instead of radio-labeled IGF-I. The IGF-I binding by the
358 standard rsIGFBP-1a increased in a dose-dependent manner and serial dilutions of masu salmon
359 and rainbow trout sera showed parallelism with the standard, indicating that the LIFA quantifies
360 intact IGFBP-1a in salmonids. It is of note that the LIFA does not distinguish intact IGFBP-1a
361 that is occupied or unoccupied with endogenous IGF since the incubation time with excess
362 Eu-IGF-I may be long enough to bring it an equilibration state and displace with endogenous
363 IGFs for intact IGFBP-1a. In human, a complex of IGFBP-1 and IGF-I was formed by
364 incubation for 2.5 h at 37°C (16) and overnight at 4°C (10). Despite its limitation, intact
365 IGFBP-1a measured by the LIFA showed biologically meaningful responses to fasting and
366 refeeding in masu salmon.

367 As we expected, intact IGFBP-1a was more sensitive to fasting treatment by
368 increasing after 4 weeks of fasting when total IGFBP-1a was unchanged. Intact IGFBP-1a also
369 responded to refeeding, and its level was restored to a level comparable to that in the fed control.
370 Such changes were in good agreement with those reported by Kawaguchi et al. (30). The

371 difference in the responses between total and intact IGFBP-1a suggests that measurement of
372 both fractions is of biological value. Although the significance of different patterns of total and
373 intact IGFBP-1a is unknown at present, our finding invites future study on the regulation of
374 circulating IGFBP-1a in salmon.

375 The result that intact IGFBP-1b levels were higher than those of total IGFBP-1a in
376 fasted fish is puzzling, but a different degree of phosphorylation of IGFBP-1a under feeding and
377 fasting conditions may account for it. The LIFA developed in the present study relies both on
378 the immunoreactivity to antiserum against recombinant masu salmon IGFBP-1a and on the
379 affinity to Eu-labeled IGF-I. If the affinity of IGFBP-1a to IGF-I was increased by fasting, it
380 would result in a higher binding of the label and thus higher measured value. The results of the
381 LIFA were thus expressed as a binding unit (BU) relative to recombinant masu salmon
382 IGFBP-1a in the present study. Indeed, phosphorylation of human IGFBP-1, but not rat
383 IGFBP-1, is known to increase the affinity for IGF-I (24, 40). There are potential
384 phosphorylation sites in the deduced amino acid sequences of Chinook and masu salmon
385 IGFBP-1a (51, 54). Recombinant masu salmon IGFBP-1a used as a standard is unlikely to be
386 phosphorylated because it was produced by bacterial cells (54). Thus, a hypothesis is that
387 fasting altered the phosphorylation status of IGFBP-1a, increased its affinity to IGF-I, and
388 resulted in apparent high levels in LIFA. However, whether salmon IGFBP-1a is actually
389 phosphorylated needs to be confirmed.

390 Correlation analysis on the relationships between circulating total and intact
391 IGFBP-1a with individual growth rate suggests that intact IGFBP-1a but not total IGFBP-1a can
392 be used as a negative index of salmon growth. The utility of circulating IGF-I and IGFBP-1b as
393 positive and negative growth indices, respectively, has been reported in salmonid species (5-7,
394 28-30, 49) and confirmed in the present study. Correlation analysis suggests that intact
395 IGFBP-1a is comparable to IGFBP-1b as a growth index. However, it is not known whether
396 dual measurements of IGFBP-1a and -1b would give a better estimate of growth retardation
397 because a stepwise regression model that combines intact IGFBP-1a or/and IGFBP-1b with
398 IGF-I provided an improved but similar coefficient of regression to explain growth variance
399 (Data not shown). Comparing responses of intact IGFBP-1a and -1b under other developmental
400 and physiological situations such as smoltification, maturation, disease, and stress may reveal
401 differential regulation of these two subtypes and their relations with growth rate.

402 We provide data showing that intact IGFBP-1a levels increased in fasting fish and
403 suggest that a fraction of circulating IGFBP-1a is degraded under normal feeding situation.

404 Although there is no empirical evidence of fragmentation of IGFBP-1a in fish, specific enzymes
405 play an important role in controlling the binding affinity of IGFBPs for IGFs in mammals (9, 18,
406 55). For instance, a significant portion of IGFBP-3 in the serum of pregnant women is
407 enzymatically degraded and has a reduced IGF-binding affinity, so that more IGFs are readily
408 available to the receptor (21, 35). Examining the presence of specific enzymes for IGFBP-1a in
409 the circulation is a subject for future study.

410

411 **5. Perspective and significance**

412 The present study developed two immunoassays: TR-FIA for total immunoreactive IGFBP-1a
413 (fragments+intact) and LIFA for intact IGFBP-1a with IGF-binding ability in salmon. Intact
414 IGFBP-1a was more sensitive to fasting and refeeding treatment than total IGFBP-1a and had a
415 higher negative relationship with individual growth rate, suggesting that degradation of
416 IGFBP-1a is an important mechanism to regulate IGF-I activity in the circulation. Thus, intact
417 rather than total IGFBP-1a is useful as a negative index of salmon growth. In addition, the
418 availability of immunoassays for both IGFBP-1a and IGFBP-1b will help us unravel how
419 circulating IGF-I is regulated by two subtypes of IGFBP-1 in salmon.

420

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432

433 **Disclosures**

434 No conflicts of interest, financial or otherwise, are declared by the authors.

435

436 **Author Contributions**

437 N.K., H.T., A.H. and M.S. performed experiments; N.K. and M.S. analyzed data; N.K., T.O.N.,
438 A.H. and M.S. interpreted results of experiments; N.K. prepared figures; N.K. drafted the
439 manuscript, N.K., T.O.N. and M.S. edited and revised the manuscript; and N.K., T.O.N., H.T.,
440 A.H. and M.S. approved the final version of the manuscript.

441

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- 608

609 **Figure legends**

610 Fig. 1. Displacement of biotinylated salmon IGFBP-1a with purified IGFBP-1a and serum
611 dilutions from masu salmon (a) and rainbow trout (b). Binding (B/B_0) is expressed as a
612 percentage of specific binding.

613

614 Fig. 2. Cross-reactivity of the antiserum against salmon IGFbps. Displacement of the tracer was
615 assessed by adding increasing amounts of purified salmon IGFBP-1a, -1b, and -2b to the assay.
616 Binding (B/B_0) is expressed as a percentage of specific binding.

617

618 Fig. 3. Effects of exogenous salmon IGF-I on the displacement curves of masu salmon (a) and
619 rainbow trout (b) serum dilutions in TR-FIA. Salmon IGF-I was added to serum at a molar ratio
620 of 1:10. Binding (B/B_0) is expressed as a percentage of specific binding.

621

622 Fig. 4. Standard curves in the LIFA for intact IGFBP-1a and dilution curves of serum dilutions
623 from fed, fasted, and refed masu salmon (a) and rainbow trout (b). The count is the time-resolved
624 fluorescence of Eu-labeled IGF-I bound to the IGFBP-1a standard or serum. BU: binding unit.

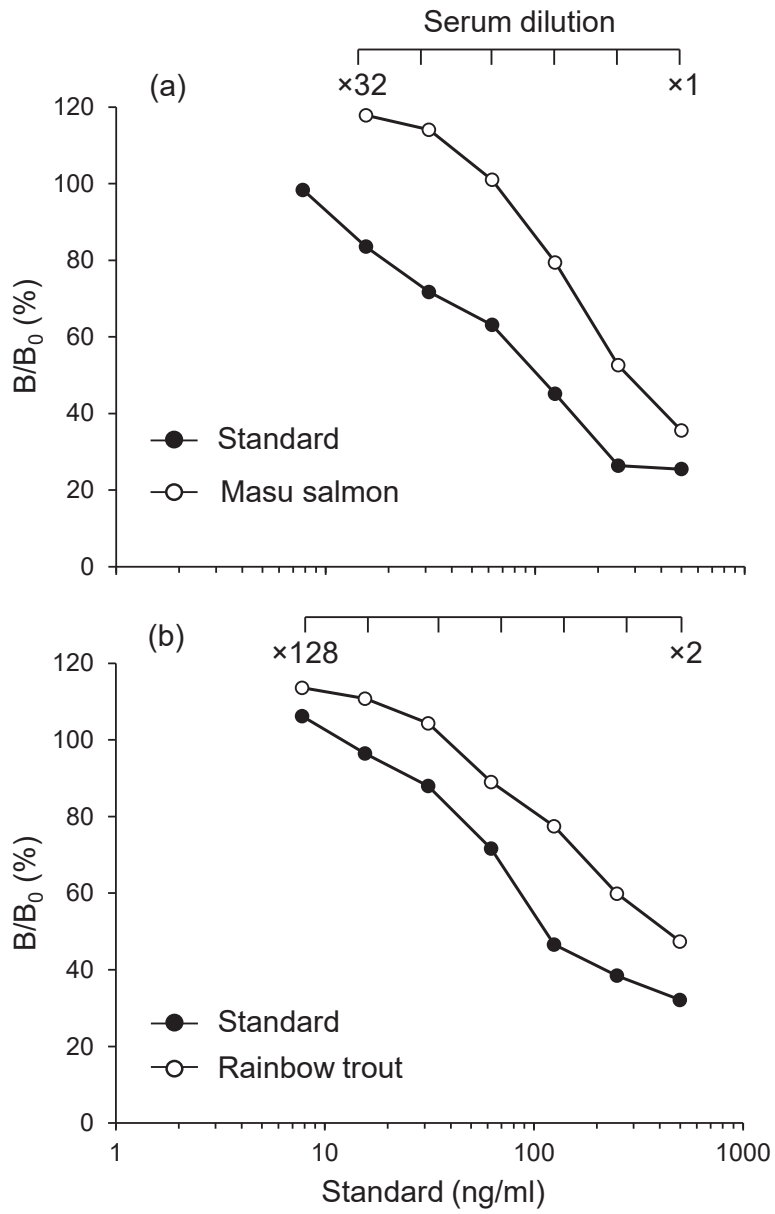
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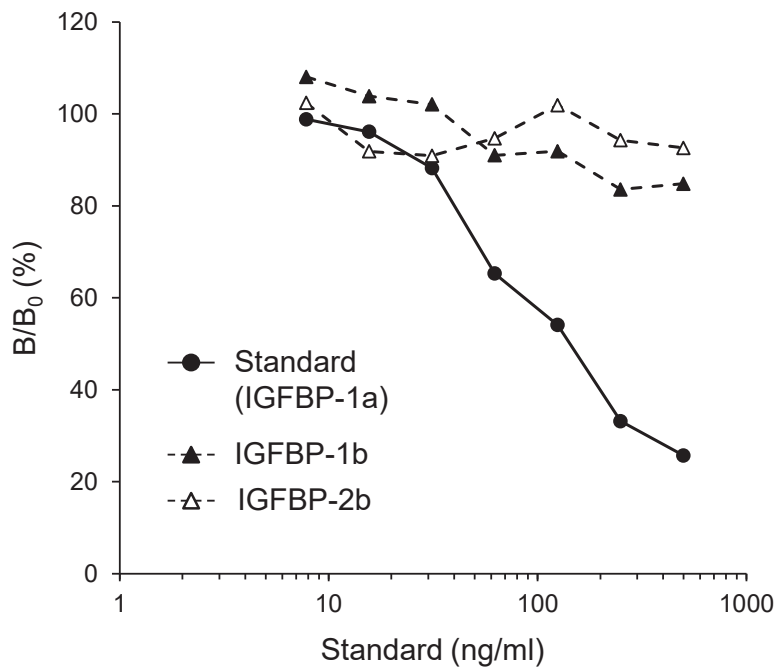
626 Fig. 5. Effects of fasting and refeeding on serum IGF-I (a), IGFBP-1b (b), total IGFBP-1a (c),
627 and intact IGFBP-1a (d) in yearling masu salmon. Values are expressed as mean \pm SE. The
628 number of fish sampled in each group and time point is shown under the corresponding bar.
629 Symbols sharing the same letter are not significantly different each other (Fisher's LSD, $P <$
630 0.05). BU: binding unit.

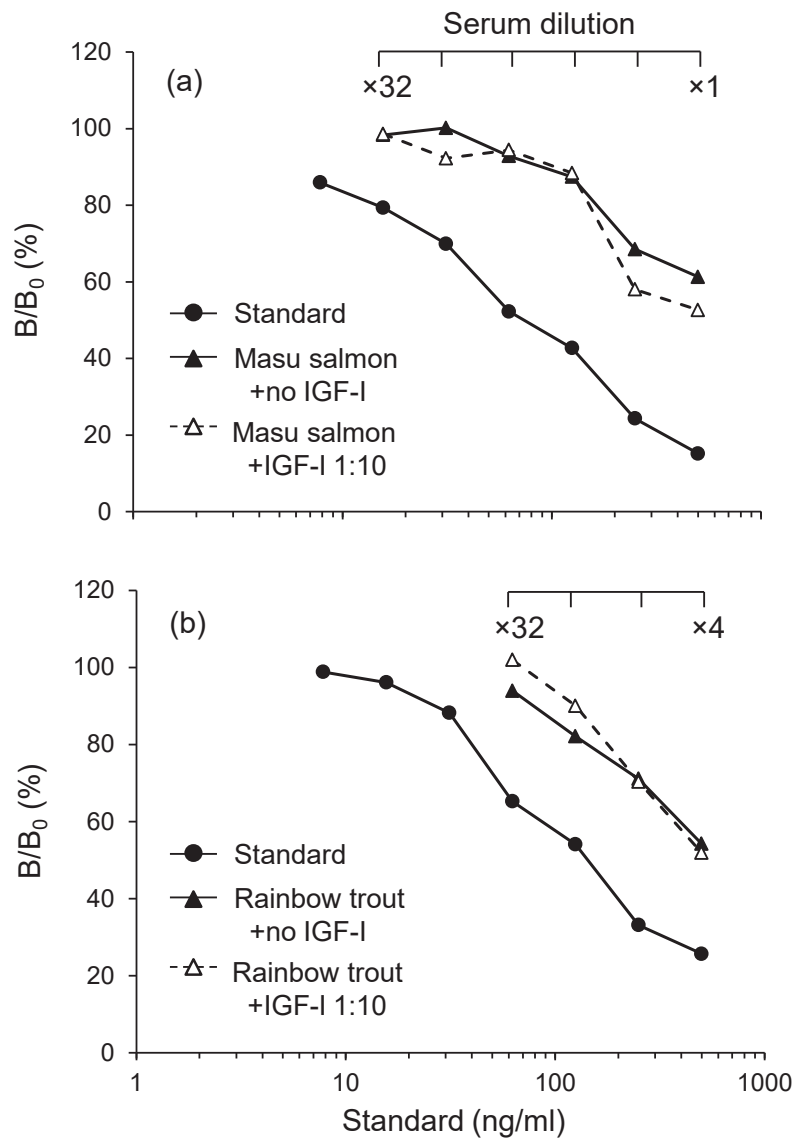
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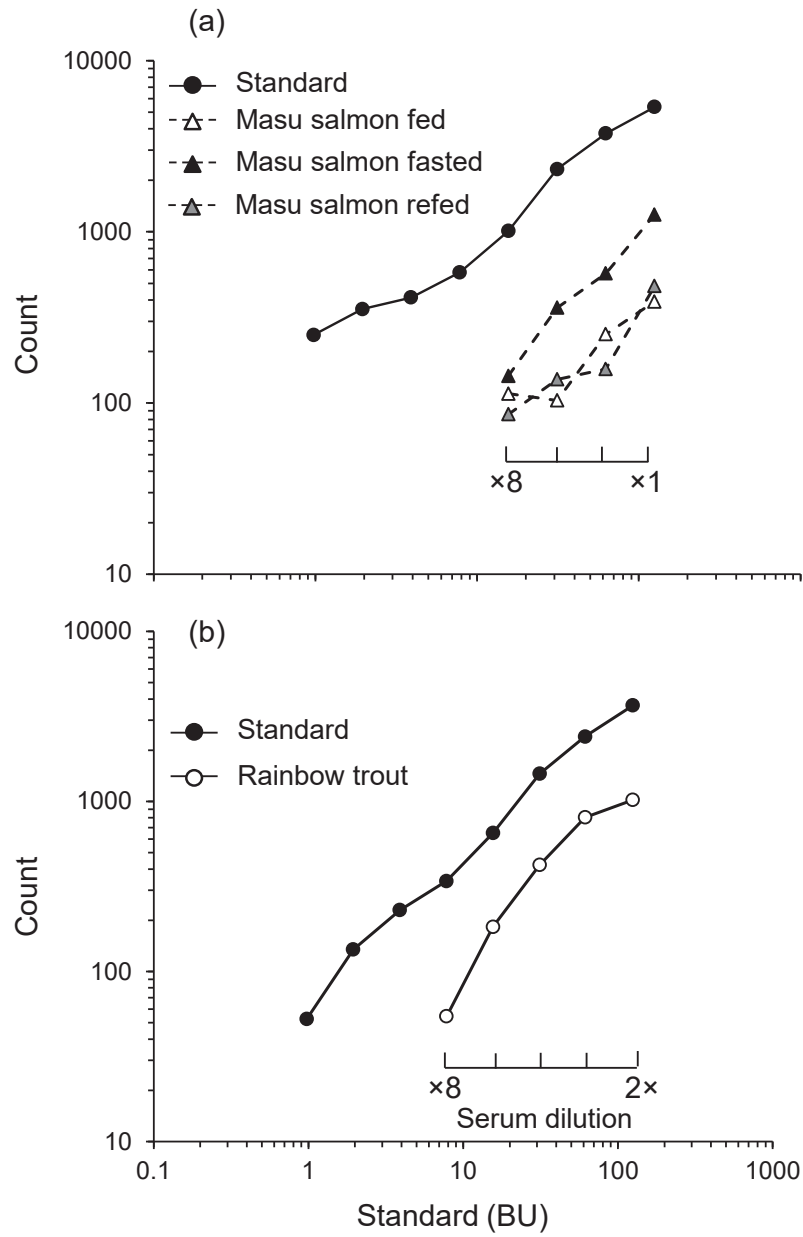
632 Fig. 6. Correlations between specific growth rate (SGR) in body weight and serum IGF-I (a),
633 IGFBP-1b (b), total IGFBP-1a (c), and intact IGFBP-1a (d). Pearson's correlation coefficients
634 and sample size were shown in each figure ($P < 0.05$). Values of IGFBP-1a and -1b are
635 natural-log transformed.

636

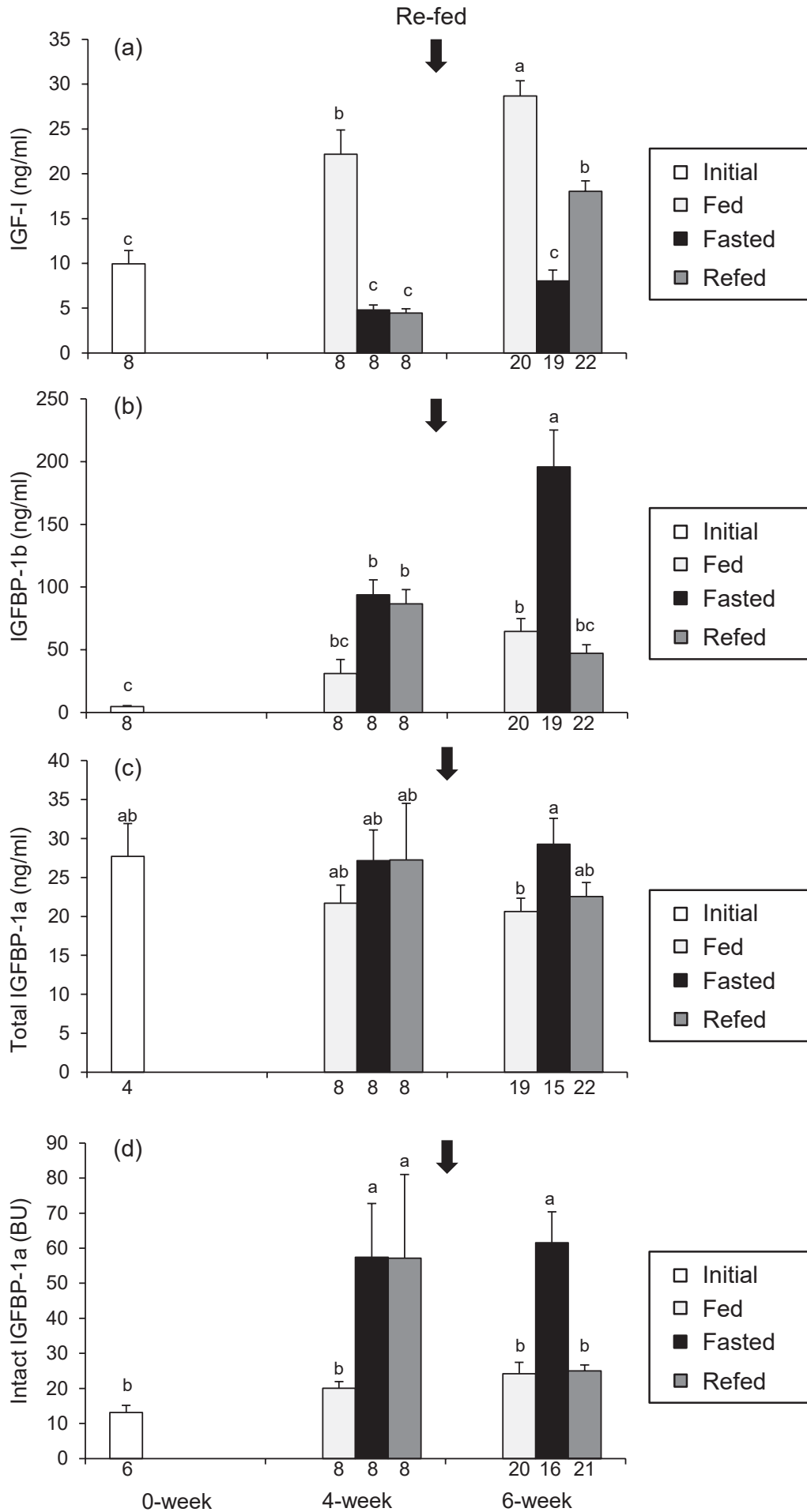








Kaneko et al., Fig. 5



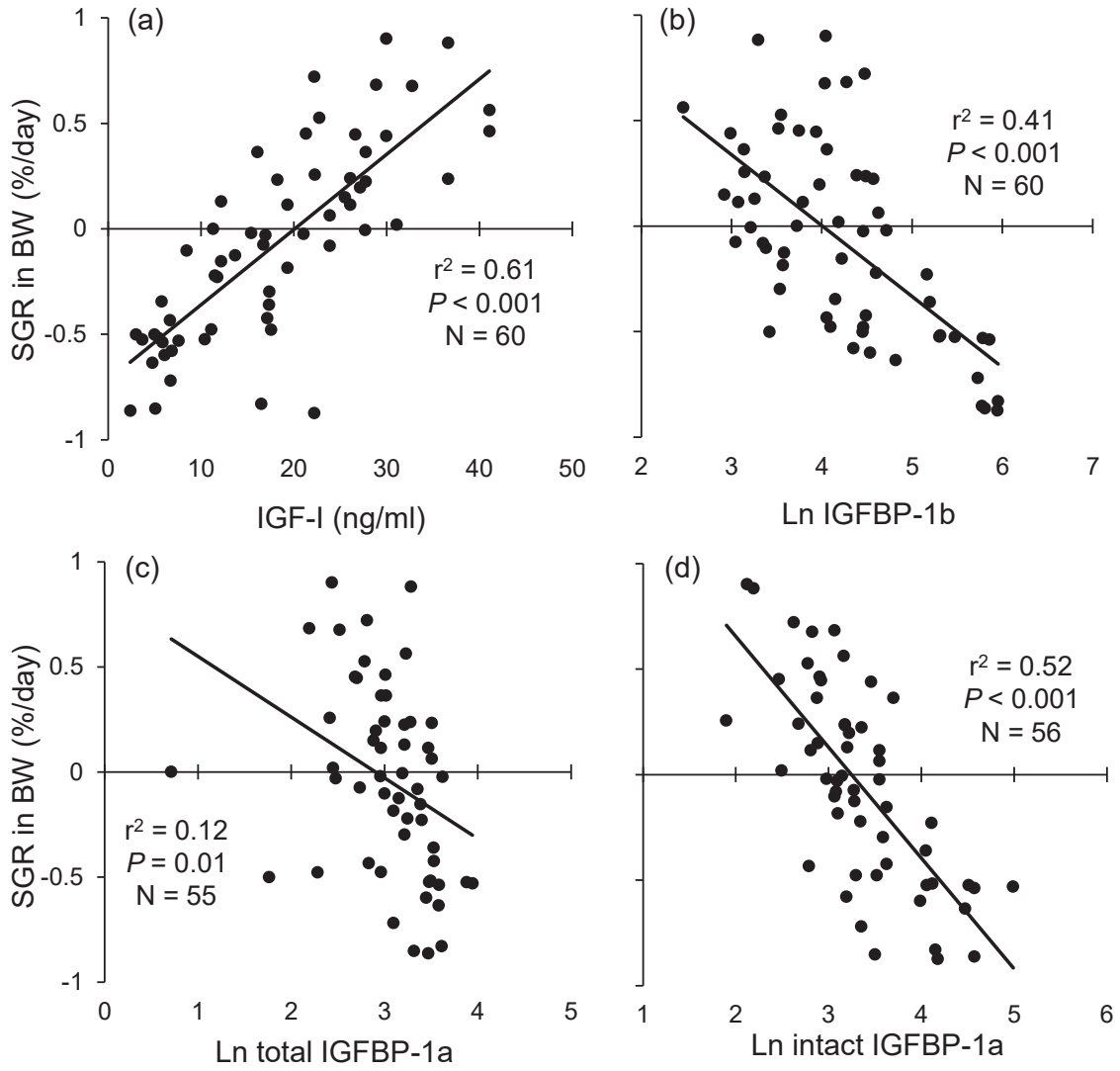


Table 1. Correlation coefficients (r) between endocrine parameters and morphological parameters in week 6.

		SL	BW	K	HSI	SGR-SL
IGF-I	r	0.53	0.63	0.59	–	0.82
	<i>P</i> value	< 0.001	< 0.001	< 0.001	0.083	< 0.001
	N	60	60	60	60	60
BP-1b	r	–	–	-0.63	-0.54	-0.51
	<i>P</i> value	0.798	0.123	< 0.001	< 0.001	< 0.001
	N	60	60	60	60	60
Total BP-1a	r	–	–	-0.41	–	-0.27
	<i>P</i> value	0.705	0.600	0.002	0.250	0.045
	N	55	55	55	55	55
Intact BP-1a	r	-0.48	-0.63	-0.73	-0.36	-0.68
	<i>P</i> value	< 0.001	< 0.001	< 0.001	0.007	< 0.001
	N	56	56	56	56	56

(–) : not significant. IGFBP-1a and -1b values were natural log-transformed.

Table 2. Correlation coefficients (r) among endocrine parameters in week 6.

		IGF-I	BP-1b	Total BP-1a	Intact BP-1a
IGF-I	r		-0.42	–	-0.57
	<i>P</i> value		0.001	0.251	< 0.001
	N		61	56	57
BP-1b	r	-0.42		0.38	0.60
	<i>P</i> value	0.001		0.004	< 0.001
	N	61		56	57
Total BP-1a	r	–	0.38		0.75
	<i>P</i> value	0.251	0.004		< 0.001
	N	56	56		54
Intact BP-1a	r	-0.57	0.60	0.75	
	<i>P</i> value	< 0.001	< 0.001	< 0.001	
	N	57	57	57	

(–) : not significant. IGFBP-1a and -1b values were natural log-transformed.